

THE OSTARA VEST *Pattern*



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PATTERN Notes

Level: Beginner / intermediate

Size Guide:

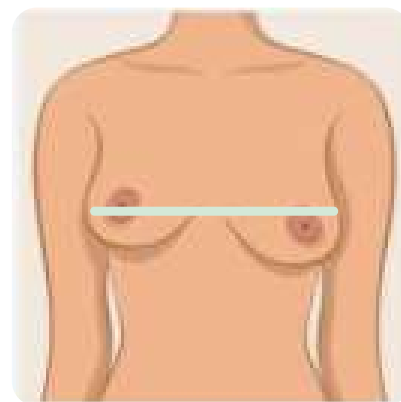
Size	X-Small	Small	Medium	Large	X-Large
Chest (in.)	28-30	32-34	36-38.	40-42	44-46
cm.)	71-76	81-86.	91.5-96.5	101.5-106.5	111.5-117

Size cont.	2X	3X	4X	5X
Chest (in.)	48-50	52-54	56-58	60-62
(cm.)	122-127	132-137	142-147	152-158

This size guide is just a point of reference so don't solely rely on this. Be sure to measure yourself so the top fits you perfectly.

This pattern is in size small, however this top is easily customisable. Measure your bust (from 1 side to the other). Divide this number (in inches) by 5. This will provide you with the size needed for each granny square for this top. For size small it's 3x3inch total of 46 granny squares. You will need 24 in 1 colour and 22 in another.

Be sure to get as creative as you like with different colours. This pattern works by creating and attaching granny squares together, it's a quick make and super cosy.



Measure your bust from one side to the other

Abbreviations US Terms | Step by Step Instructions Included

Ch(s): Chain(s) - Granny square ch 3 counts as a dc

St(s): Stitch(es)

Sl st - Slip stitch

Sc - Single crochet

Dc: Double crochet

Fp dc- Front post double crochet

Repeat ** (means repeat instructions inside the stars [asterisk])

PATTERN Notes

Notes:

- This pattern uses the granny stitch and the alpine stitch.
- Ch 3 counts as 1 dc.
- Fasten off means: ch 1, cut your yarn, then pull through. Leave a tail to weave in at the end (around 5").

Step By Step (with photo guidance)

- Foundation Chain
- Single Crochet
- Double Crochet
- Granny Square
- Front Post Double Crochet Ribbing



Cotton Aran / Worsted yarn

Scissors

Hook size 5mm

Tape-Measure

Stitch Marker

For this project you will need:

Yarn used for this project - white & 2 shade blue in Shiny Happy Cotton (Aran) from Wool & The Gang. I used under 500g for this project for size small. It is however up to you what colours you use and the amount will vary based on size..

PATTERN Gauge



I would advise you to do a test swatch before starting this project. Measure your bust from under your arm to the other side and divide that number by 5. This will be the size you need to make all of your squares. For a size small your granny square should be 3x3 inches, for a total of 3 rounds.

If you are using a different thickness to this yarn, be aware that the amount of rounds may differ.

Try Increasing or decreasing your hook size if you are struggling to meet your gauge requirements.



Model Maja Zalewska @mzlws_k

STEP BY STEP

Foundation Chain

How to make a chain.

To create your foundation chain you will need to make a slip knot. This is done by wrapping your yarn around 2 fingers and pulling through the working yarn to create a loop on your hook, pull closed so it's snug around the hook.



Yarn over, pull through the loop on your hook, yarn over and repeat. This is called your foundation chain and it's the base of most crochet projects.



You will be chaining 4 to create your first round of your granny squares.



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STEP BY STEP *Single crochet*

How to make a single crochet.

With your first loop already on the hook, go through your chain or stitch, yarn over and pull through, you should have 2 loops on your hook.



Yarn over and pull through both loops to complete your first single crochet.



You will be using sc to join your squares together to make your vest.



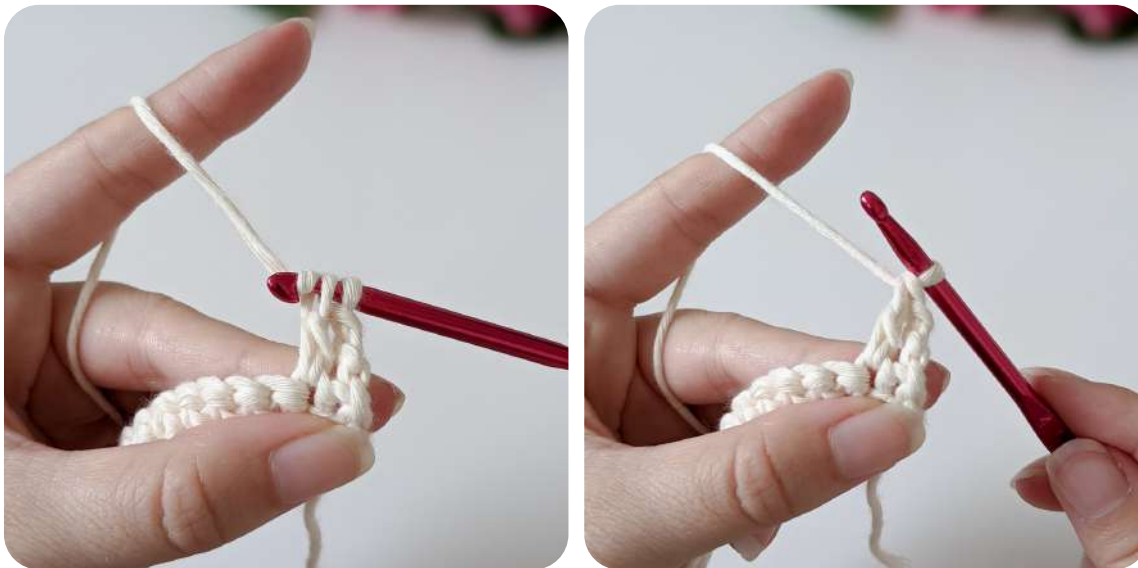
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STEP BY STEP *Double crochet*

How to make a double crochet



Ch 3, yarn over, insert your hook, yarn over again, pull through, yarn over again, pull through the first two of three loops on your hook, yarn over again, pull through the remaining two loops on your hook.



You have completed your first double crochet.
You will be using double crochet to create your
granny squares.



THE PATTERN BEGINS ON PAGE 10.

STEP BY STEP

Front post double crochet

How to create a front post double crochet and double crochet.

Chain 3, place a dc into every stitch, slip stitch into the chain 3 from the start of the round.



Chain 3, yarn over and insert your hook behind the second dc (not the chain 3) from the previous round, yarn over and pull through, you will have 3 loops on your hook. Yarn over and pull through the 2 loops on the hook, yarn over pull through the last 2 loops to finish like a normal dc. One front post double crochet (fp dc) is complete.



Double crochet into the next stitch, front post double crochet around the previous rounds dc slip stitch into the chain 3 from the start of the round. You should only be adding a front post double crochets to existing front post double crochets for the duration of this pattern. Sl st into the chain3. (remember that the ch 3 counts as a dc). *These examples are in rows, refer to pattern photos for further guidance.*

Note: You will be using this to create the neck line, sleeves and border to finish your vest.

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GRANNYSQUARE *How To*

How to create the granny square using double crochet in the round

The smaller circles are to highlight that in every space there should be 3 dcs. Only the 4 corners (larger circles on each corner) should have 3 dc, ch 1, 3 dc then the rest of the spaces only ever have clusters of 3 dc.

The circles are to highlight where the ch 1 should be added and how the corner of the squares should look. There is no ch 1 in between any of the other dc clusters, only at the corners.



You will be joining your squares together to make your vest. Head to the next page to see step by step photos and instructions on how to make your first granny square.

Note: some of the step-by-step photos in this pattern are of a different yarn thickness. The technique however is the same no matter the yarn.

GRANNYSQUARE Pattern

Foundation chain - Ch 4, sl st into the first ch to make a circle (see where arrow is pointing).
Note: make sure you have a long enough tail so you can dc around it and pull closed after your first round.

Step 1

Ch 3, place 2 more dcs into the centre of the ch 4 circle, ch 1. *place 3 dc into the same circle space, ch 1* repeat 2 more times, sl st into the top of the ch 3 (you should have 4 clusters of 3 dc). Turn your work.



Step 2

Sl st into the 1st ch 1 space (as seen in photo 5). Ch 3, place 2 dc into the ch space, into the next ch 1 space, place 3 dcs, ch 1, 3 more dcs into the same ch space (this is your first corner). *place 3 dcs into the next ch space, ch 1, 3 more dcs into the same space* repeat from* (refer to the next page for photo guidance) 'til the end of the round, sl st into the top of ch 3. Turn your work.

Note: Only put a ch 1 in between 2 dc clusters on each of the 4 corners of the square. Do not ch 1 in between dc clusters along the sides of the square.



Note: some of the step-by-step photos in this pattern are of a different yarn thickness. The technique however is the same no matter the yarn.

GRANNYSQUARE Pattern



Step 3

Sl st into the first space, ch 3, place 2 more dcs into the same ch space. *Place 3 dcs into the next available space along the sides of the square. Place 3 dcs into the next ch space, ch 1, 3 dcs.* Continue with this pattern all the way to the end. Sl st into the top of the ch 3 at the start of the round.

Step 4

Continue with this pattern repeating steps 1 to 3 until it meets the size you are creating, for size small its 3x3 inches, for a total of 3 rounds. Repeat until you have a total of 46 granny squares. You will need 24 in 1 colour and 22 in another.



Note: some of the step-by-step photos in this pattern are of a different yarn thickness. The technique however is the same no matter the yarn.

ATTACHING YOUR *Granny squares*

Step 5

Map out the order you want your squares to be presented - alternate your colours.

Step 6

Lay 2 alternate squares on top of each other and attach a new colour yarn onto the ch 1 corner space of both squares (make sure the correct sides are facing each other).

Step 7

Go through both chains with your hook, ch 1, sc along the edge to attach your squares, attach in sets of 2. Add the next set of 2 and repeat again until you reach the 5th pair.

Step 8

When you reach the last st, ch 1, pull the yarn through and cut leaving a tail to weave in. Repeat the process so all squares are connected. You should have 5 squares wide and 4 down. Repeat this step to create the back of the vest, you will have 2 sets of 20 squares for the front and back of the vest. *Note: for photo guidance go to the next page (pg 13).*



Note - make sure all your squares are facing the same way, look at the middles.

SEE THE NEXT PAGE FOR STEP BY STEP GUIDE.

ATTACHING YOUR *Granny Squares*

Attaching your granny squares with single crochet.



Join all your squares together using sc in every stitch including the corners of the square, join in rows of 5 (5 along 4 down).



SKIP PAGE TO CONTINUE WITH PATTERN

ATTACHING YOUR *Granny Squares*

Step 9

Attach 2 sets of squares to each side of the vest using sc. As seen in the first photo, fold the attached squares in half and sc to attach to the other section of the vest (this will create the sides of your vest).

Step 10

Repeat step 9 for the 2 remaining squares to make the shoulders. Sc to attach the squares to the front and back of the vest. *Note: make sure all your sc is visible from one side! See photos for guidance.*

Step 11

Weave in all the ends and turn your vest inside out so the sc isn't visible as seen in last photo.



Note - This is how the side and shoulder's should look. ↗



Turn your vest in the right way before adding the ribbing to the arms, neck and base.

THE RIBBING

The Border

Refer back to step-by-step photos for guidance on how to a fp dc.

Step 1

Switch to your 3.5mm hook. Choose one colour for the neck and bottom and the other for the arms. Attach your yarn to the corner of the neck line, Ch 3, dc in every st all the way around, sl st into the top of the ch 3 (make sure you have an even number, if you don't add another dc into the last st).

Step 2

You will now be working your first round of fp dc and dc. *Note: make sure to always count your stitches so you don't accidentally increase or decrease as the fp dc can be tricky when first learning.*

Ch 3, place your first fp dc into the 2nd dc from the previous rounds st (the first dc post NOT the ch 3). Into the next st place a dc, *fp dc, dc into the next st*, repeat** (note: always make sure there's a space between the dcs as the fp dc isn't using the st as it's gone around the 1st row of dc). Sl st into the ch 3 from the start of the round.

Step 3

Ch 3, this is the same as step 2 *place a fp dc around the previous row's fp dc, dc into the next st* Repeat**. You should only be adding a fp dc to existing fp dcs, sl st into the ch 3 at the end of the round (remember that the ch 3 counts as a dc).

Continue with this pattern until you have completed 3 rounds. Using the same colour repeat steps 1-3 on the bottom of the vest. Repeat these steps on the arms of the vest in your second colour for a total of 2 rounds, fasten off and you have finished your Ostara Vest.

Note: be sure to place your fp dc around the previous fp dc as seen pictured.



THE OSTARA VEST *Pattern*



THE ARMS



THE NECK LINE



THE BORDER

Optional: You can add a single round of sl st around the arms, neckline and border to add extra detail (I would advise a different colour yarn), sl st all the way around the edge of your vest and fasten off when you reach the end.



Ta-daaaaah you've finished your Ostara Vest! If you have any questions don't hesitate to message me on Instagram or email me at calm.homemade@gmail.com thank you so much for choosing this pattern. Be sure to tag me on instagram [@calm.homemade](https://www.instagram.com/calm.homemade) so I can see your wonderful creation.